

Wraps + PANINIS

Chicken, Avocado, Baby Spinach & Sweet Chilli Mayonnaise Panini	6.50
Cheese, Avocado, Baby Spinach & Sweet Chilli Mayonnaise Panini	6.50
Salad Wrap Choice of Chicken, Ham, Tuna Mayo, Cheese, or Egg Mayo (All served with Tomato, Cucumber, Lettuce, Grated Carrot & Mayo)	6.50
Salad Panini Choice of Chicken, Ham, Tuna Mayo, Cheese, or Egg Mayo (All served with Tomato, Cucumber, Lettuce, Grated Carrot & Mayo)	6.50
Chicken Caesar Wrap (Poached Chicken, Bacon, Egg, Parmesan, Lettuce & Caesar Dressing)	6.50
Chicken Schnitzel Wrap (Bread Crumbed Chicken, Lettuce & Mayonnaise)	6.50
Egg Mayonnaise & Lettuce Sandwich	5.50
Chicken Mayonnaise, Tomato & Lettuce Sandwich	5.50
Ham, Cheese & Tomato Sandwich	5.50

THE Salad Bar

Mexican Chicken Burrito Bowl (Mon, Tues, Wed) (Spiced Chicken, Rice, Corn Chips, Tomato, Lettuce, Spanish Onion, Salsa & Guacamole)	6.50
Chicken Caesar Salad (Poached Chicken, Bacon, Egg, Lettuce, Parmesan Croutons & Caesar Dressing)	6.50
Greek Salad (Feta, Tomato, Cucumber, Lettuce, Olives Spanish Onion & Balsamic Dressing)	6.50

BREAKFAST+ Snacks

Ham & Cheese Toastie	5.00
Cheese & Tomato Toastie	5.00
Fruit Salad Pot	4.00
Individual Fruit Pots (Watermelon, Rockmelon)	4.00
Banana Bread	4.00
Muffins	4.00
Finger Bun/Cinnamon Scroll/Doughnut	4.00
Hash Browns	4.00
Cheese and Bacon Roll/Cheese & Vegemite Scroll	4.00
Red Rock Chips	3.50
JJ Chips	2.50
Popcorn	2.50
Watermelon Slice/Apple	2.50
Chocolate Chip Cookie	1.50

DRINKS

Oak Flavoured Milk 600ml/300ml (Chocolate, Strawberry, Iced Coffee, Caramel)	5.00/3.50
The Juice Farm Juice 500ml (Apple, Orange, Lemonade)	5.00
Aloe Chilli (Grape, Lychee)	5.00
Liptons Iced Tea (Peach, Mango, Lemon)	5.00
Waterfords (Orange & Passionfruit, Lime, Watermelon)	5.00
Up & Go (Chocolate /Vanilla)	3.50
Water 600ml	2.50